EMERGENCY VEHICLE OPERATOR "CLASS A"

Session 1-5 Managing Risk



MANAGING RISK



Overview

- Sleep Deprivation & The EVO
- Emotional Drivers
- Department Risk Controls
- Intersections
- Angle of Departure



SLEEP DEPRIVATION AND THE E.V.O.



Fatigue and Driving

- People often think that driver fatigue means falling asleep at the wheel
- Falling asleep is an extreme form of driver fatigue
- Fatigue is tiredness, weariness or exhaustion





Causes of Driver Fatigue

- Stress
- Lack of quality sleep
- Substance abuse
- Irregular work hours
- Irregular meal times/eating habits





Affects of Driver Fatigue

- Slowing reaction time
- Decreased awareness
- Impaired judgment
- Risky driving behaviors are increased

SLEEP DEPRIVATION AND THE E.V.O.



Signs and Symptoms of Fatigue

- Forgetfulness
- Being fixated
- Poor decision making
- Apathy
- Slow reaction times
- Lethargy
- Moodiness
- Not communicating
- Nodding off





Why is Driver Fatigue a Problem?

- Staying alert is crucial for EVO
- Fatigued drivers have slower reaction times
- Driver Fatigue can "KILL YOU"
- 12% of all fatal crashes





Fatigue and other factors

- Alcohol
- Speed
- Over the counter medications

SLEEP DEPRIVATION AND E.V.O.



What Causes Driver Fatigue?

- Sleep loss & Sleep debt
- Sleep disorders
 - Insomnia, Sleep Apnea, Narcolepsy
- Circadian Rhythms

SLEEP DEPRIVATION AND THE E.V.O.



How can I improve my alertness?

- Get plenty of sleep the night before shift
- Take breaks and nap
- Get fresh air into your vehicle
- Stay hydrated
- Share the driving
- Avoid medications that make you drowsy

EMOTIONAL DRIVERS



- Aggressive drivers/Road rage
- Response to siren
- Call type
- State of mind/Outside influences
- Shift dynamic/communication skills

DEPARTMENT RISK CONTROLS



MCFRS Risk Controls

- MVA driver records screening
- MVA Flagging program
- EVOC & Class "A" & "B" Driver Courses
- Driver Training
- Remedial Training/Collision review
- Driver Refresher & Recertification Training
- Policies and Procedures



• Intersections are the locations where the largest percentage of major accidents involving emergency vehicles occurs. Even with the use of warning devices, intersections pose a serious threat to the safety of both emergency service personnel as well as the general public. All emergency service organizations should adopt and practice intersection operating guidelines during all emergency responses. Standard Operating Guidelines should meet the following recommended practices at a minimum.



Controlled Intersections

- An intersection controlled by a stop sign, yield sign, yellow traffic light, or a red traffic light requires **Prudent Action** by the emergency vehicle driver. The following steps should be taken:
- Do not rely on warning devices to clear traffic.
- Scan the intersection for possible hazards (right turns on red, pedestrians, vehicles traveling fast etc.) as well as driver options.



- Begin to slow down well before reaching the intersection and cover the brake pedal with the driver's foot, continue to scan in four directions (left, right, front, back).
- Change the siren cadence not less than 200 feet from the intersection.



- If traffic in all lanes can not be accounted for, the driver should bring the vehicle to a complete stop. If the driver proceeds past a control device with a negative right-of-way without coming to a complete stop,
- The Tiller person is another set of eyes. They should be scanning also.



Controlled Intersection

 Scan intersection for possible passing options (pass on right, left, wait, etc.) avoid using the opposing lane of traffic if at all possible.



- Establish eye contact with other vehicle drivers; have partner communicate all is clear; reconfirm all other vehicles are stopped.
- Account for traffic one lane at a time, treating each lane as a separate intersection.



Uncontrolled intersections

Any intersection without a control device (stop sign, yield, or traffic signal) in the direction of travel of the emergency vehicle or where a traffic control signal is green upon the approach of the emergency vehicle, all emergency vehicle drivers should do the following:



Uncontrolled intersections

- Slow down if any potential hazards are detected and cover the brake pedal with the driver's foot.
- Change the siren cadence not less than 200 feet from the intersection.
- Avoid using the opposing lane of traffic if at all possible.



Reading the Intersection

- Traffic Lights/Traffic control devices
- Lane configuration
- Traffic flow
- Yield Areas
- Lane of least resistance
- Obstructions/ Large vehicles



Eight Signs for Intersection Safety

- Don't rely on warning devices to clear traffic
- Scan intersections for potential hazards
- Begin to slow down well before the intersection and cover the brake
- Change the siren cadence 200 ft from the intersection



Eight Signs for Intersection Safety

- Scan intersection for possible passing options, avoid using the opposing lane
- Stop the vehicle if you cannot account for all lanes of traffic
- Establish eye contact with other drivers
- Treat each lane of traffic as a separate intersection



Reading Intersections





















BLIND INTERSECTIONS

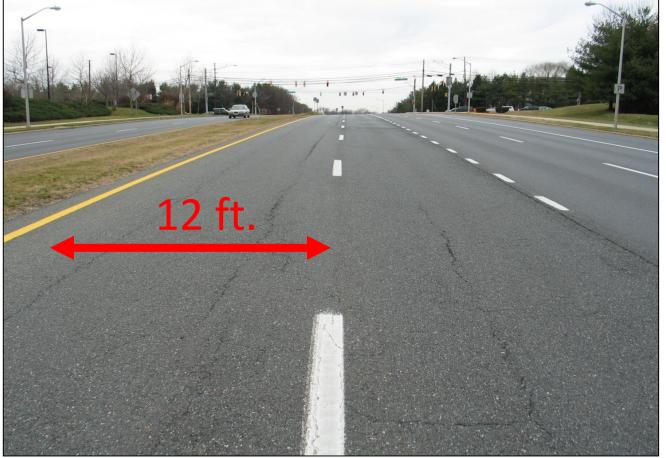




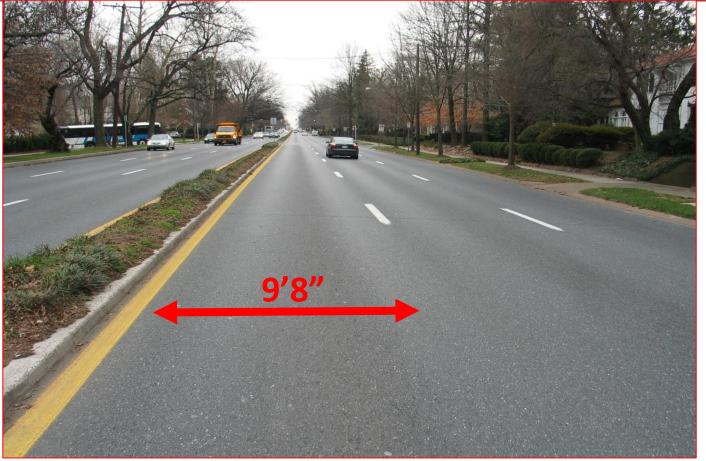
IF YOU CAN'T SEE THEM, THEY CAN'T SEE YOU!



Traffic Travel Lanes are not created equally



Traffic Travel Lanes are not created equally











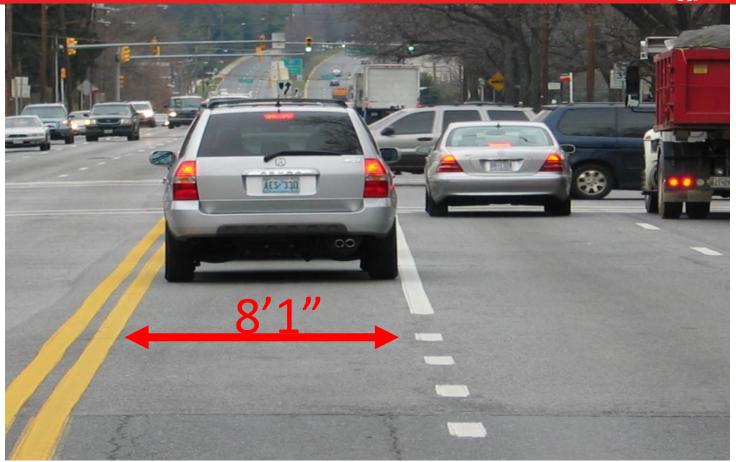




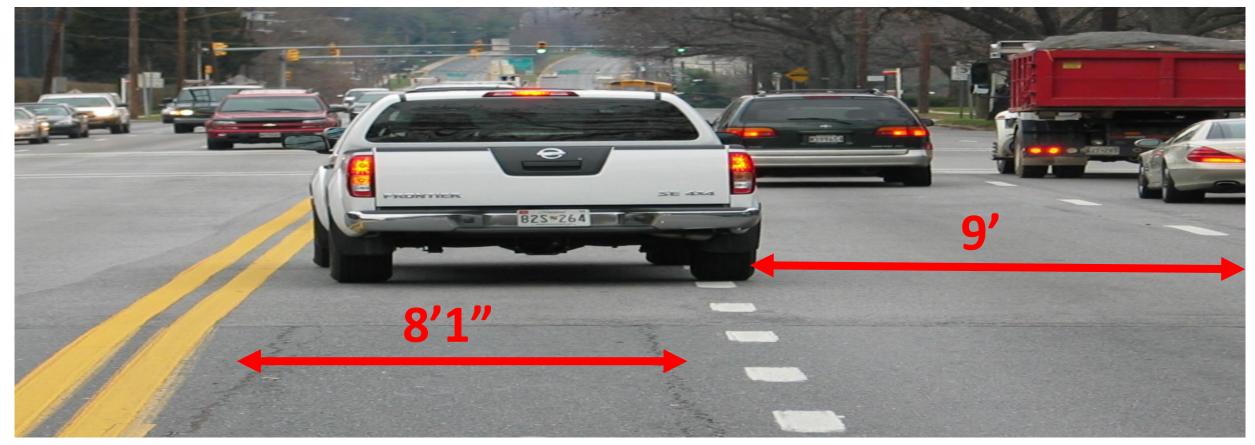




Turn Lanes are often smaller in width than travel lanes









What do you do when there is no room for your unit?









Use caution on sloped driveways
Going in and departing





Due to the size of our apparatus, sloped driveways pose a risk of the undercarriage dragging.





The more the overhang of the body from the rear axle; the greater the risk of dragging the undercarriage







REVIEW



- Sleep Deprivation & The EVO
- Emotional Drivers
- Department Risk Controls
- Intersection Practices
- Traffic Lanes
- Angle of Departure

